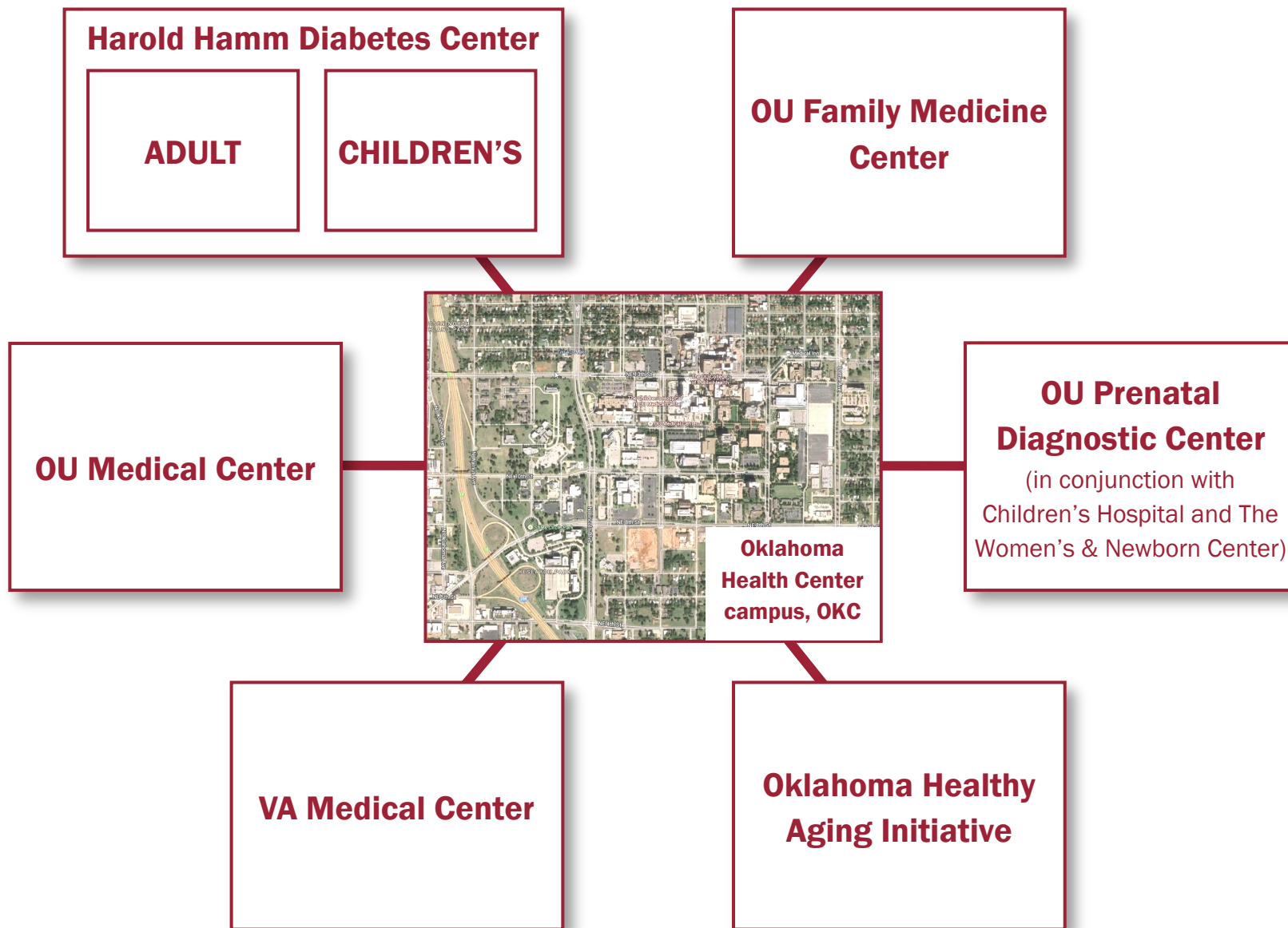


# Non-Physician Diabetes Management Resources across the Oklahoma Health Center

For internal use by healthcare professionals; *not intended for direct distribution to patients*



# Non-Physician Diabetes Management Resources across the Oklahoma Health Center

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Updated August 2014; Document reviewed annually by LDI Diabetes Management Committee. Request edits to [hhdc@ouhsc.edu](mailto:hhdc@ouhsc.edu)

Institution/Clinic	Eligibility	Services Available	Referral	Contact
<p><b>Harold Hamm Diabetes Center-Adult</b></p> <p>1000 N. Lincoln Blvd.</p> <p>OU Physicians Diabetes Life Clinic, Ste. 3200</p>	<p>Adults 18+ diagnosed with any type of diabetes</p>	<p><b>Diabetes Self-Management Education and Support - ADA Recognized Program</b></p> <p><u>Group Diabetes Education Classes</u></p> <ul style="list-style-type: none"> <li>• Type 2 Diabetes Education</li> <li>• Gestational Diabetes Education</li> <li>• Advanced Insulin Pump Training</li> <li>• Exercise classes</li> <li>• <i>Type 2 Step 1</i> (orientation to Harold Hamm adult patient services)</li> <li>• <i>Type 2 Options</i> (basic diabetes education for the uninsured adult patient)</li> </ul> <p><u>Individual Diabetes Education and Training</u></p> <ul style="list-style-type: none"> <li>• Exercise Assessment and Instruction</li> <li>• Insulin Instruction and Management</li> <li>• Insulin Pump Therapy</li> <li>• Continuous Glucose Monitoring</li> <li>• Medical Nutrition Therapy                             <ul style="list-style-type: none"> <li>• Diet Instruction and Meal Planning</li> <li>• Chronic Kidney Disease</li> <li>• Carbohydrate Counting</li> </ul> </li> </ul> <p><u>Behavioral Health Services</u></p> <ul style="list-style-type: none"> <li>• Diabetes Support Group – no cost</li> <li>• Individual Consults</li> <li>• Small Steps, Big Changes Diabetes Prevention Program</li> </ul>	<p>Requires a referral from a provider treating diabetes.</p> <p>Exercise education requires a separate referral form for medical clearance.</p> <p>Physician referral not required for behavioral health services, support groups, <i>T2Step1</i>, or <i>T2Options</i>.</p> <p>Both internal (EMR) or external (paper) referrals accepted.</p> <p>Approval of insurance benefits or payment arrangement made prior to services being rendered.</p>	<p>OU Physicians Diabetes Life Clinic: P: 271-3455 F: 271-7014</p> <p>Support Groups Ste. 2900 P: 271-7000 x 30721</p> <p>Register for <i>Type 2 Options</i>: 271-3455</p> <p>No registration necessary for <i>T2Step1</i></p> <p><a href="http://haroldhamm.org">http://haroldhamm.org</a></p>

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<p><b>Harold Hamm Diabetes Center-Children's</b></p> <p>OU Children's Physicians Bldg., 1200 Children's Ave., 4<sup>th</sup> Floor</p> <p>Services offered at OU Medical Center hospital, OU Children's Physicians Clinic as well as to American Indian children through partnerships with several tribes across the state of Oklahoma.</p>	<p>Pediatric patients diagnosed with any type of diabetes</p>	<p><b>Diabetes Self-Management Education and Support - ADA Recognized Program</b></p> <p><u>Individual Diabetes Education and Training</u></p> <ul style="list-style-type: none"> <li>Type 1 Diabetes Education</li> <li>Insulin Pump Training</li> <li>Continuous Glucose Monitoring Training</li> <li>Type 2 Diabetes Education</li> <li>Cystic-Fibrosis Related Diabetes (CFRD) Education</li> <li><i>Wavelengths</i>: A Young Adult Transition Program</li> <li>Medical Nutrition Therapy</li> <li>Prevention for Type 2 Diabetes for highly motivated patients/families agreeing to intensive management program</li> <li>Behavioral Health Services</li> <li>Diabetes Support Groups – no cost</li> </ul>	<p>Internal referrals only – patient must also be managed by one of our Pediatric Diabetes providers.</p> <p>Almost all private, federal and state payer sources accepted. Pediatric care services provided to families without financial resources (fee structure determined on an individual basis).</p>	<p>Non-urgent or daytime referrals: OU Children's Physicians Pediatric Diabetes and Endocrinology Clinic P: 271-3303 F: 271-3093</p> <p>Urgent and after business hours: OU Medical Center page operator 271-3636 (ask for the pediatric endocrinologist on call)</p> <p><a href="http://oumedicine.com/pediatrics/department-sections/diabetes-endocrinology/services/diabetes">http://oumedicine.com/pediatrics/department-sections/diabetes-endocrinology/services/diabetes</a></p>
<p><b>OU Family Medicine Center</b></p> <p>900 NE 10<sup>th</sup> St.</p> <p>Silver Clinic Pharmacotherapy Diabetes Services</p>	<p>Adults 18+ diagnosed with any type of diabetes or pre-diabetes</p>	<p><b>Diabetes Self-Management Education and Support - ADA Recognized Program</b></p> <p><u>Group Classes</u></p> <ul style="list-style-type: none"> <li>Type 1 and Type 2 Diabetes Education Classes</li> <li>Type 1 and Type 2 Diabetes Support Groups</li> </ul> <p><u>Individual Diabetes Education and Training</u></p> <ul style="list-style-type: none"> <li>Glucometer Training</li> <li>Insulin Initiation</li> <li>Insulin Pump Therapy</li> <li>Continuous Glucose Monitoring</li> <li>Medical Nutrition Therapy <ul style="list-style-type: none"> <li>Nutrition assessment and meal planning</li> <li>Chronic Kidney Disease</li> <li>Carbohydrate Counting</li> <li>Gestational Diabetes</li> </ul> </li> </ul> <p><u>Pharmacotherapy Management</u></p> <ul style="list-style-type: none"> <li>Medication therapy management with point-of-care testing</li> <li>Medication history and reconciliation</li> <li>Oral medication regimen assessment, selection, initiation and monitoring</li> <li>Insulin initiation, titration, and management</li> <li>Dyslipidemia management with point-of-care testing</li> </ul> <p><u>Diabetes Standards of Care: Review and completion of all standards of care.</u></p>	<p>Requires a referral from a provider treating diabetes.</p> <p>EMR referrals preferred; paper referrals can be faxed to the clinic.</p> <p>Insurance accepted include Medicaid, Medicare and third party insurers. Uninsured or reduced liability patients can call for fee structure information.</p>	<p>Sliver Clinic P: 271-2900 F: 271-2658</p> <p><a href="http://www.oumedicine.com/ouphysicians/adult-specialties/list-of-adult-specialties/primary-care/ou-physicians-primary-care--family-medicine">http://www.oumedicine.com/ouphysicians/adult-specialties/list-of-adult-specialties/primary-care/ou-physicians-primary-care--family-medicine</a></p>

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<p><b>OU Medical Center</b></p> <p>700 NE 13<sup>th</sup> St.</p> <p>Adult Diabetes Education Services</p>	<p>Current or very recent OU Medical Center patients ages 18+ with any type of diabetes</p>	<p><u>Individual Diabetes Education and Training</u></p> <ul style="list-style-type: none"> <li>• Type 2 Diabetes Basic Education</li> <li>• Type 1 Diabetes Basic Education</li> </ul>	<p>Inpatient Referral</p> <ul style="list-style-type: none"> <li>• Physician Consult for Diabetes Education via Meditech (one consult sends a referral to the diabetes educator and the dietitians)</li> <li>• Ancillary Departments and Nursing Staff may send a consult request by telephone, face-to-face, Outlook or Meditech Mailbox</li> </ul> <p>Resident Clinic Referral</p> <ul style="list-style-type: none"> <li>• Outpatient Diabetes Self-Management Education Class: Fax referral to office.</li> <li>• No cost to patients, but class availability is prioritized based on medical needs.</li> </ul>	<p>Gloria Matthews, MSN, RN-BC, CNL, CDE  P: 271-5008  F: 271-7750  <a href="mailto:Gloria.matthews@hcahealthcare.com">Gloria.matthews@hcahealthcare.com</a>  <a href="http://www.oumedicine.com/oumedicalcenter">http://www.oumedicine.com/oumedicalcenter</a></p>
<p><b>OU Prenatal Diagnostic Center</b>  (in conjunction with Children's Hospital and The Women's &amp; Newborn Center)</p> <p>1200 N. Children's Ave, Children's Atrium Ste. 1A</p> <p>High-Risk Diabetes in Pregnancy Outpatient Clinic</p>	<p>Patients of the OU Medical Center High-Risk Outpatient Clinic or Patients followed by OU Maternal-Fetal Medicine (MFM) physicians in the OU Prenatal Diagnostic Center</p>	<p><u>Diabetes Education Group Classes</u></p> <ul style="list-style-type: none"> <li>• Type 1 Diabetes in Pregnancy</li> <li>• Type 2 Diabetes in Pregnancy</li> <li>• Gestational Diabetes Education</li> </ul> <p><u>Individual Diabetes Education and Training</u></p> <ul style="list-style-type: none"> <li>• Type 1 Diabetes in Pregnancy</li> <li>• Type 2 Diabetes in Pregnancy</li> </ul>	<p>Internal referrals only - patient must be followed in the High-Risk Outpatient Clinic or by an OU MFM physician.</p>	<p>OU Prenatal Diagnostic Center: 271-5400</p> <p>Children's Hospital Women's &amp; Newborn Center High-Risk Outpatient Clinic: 271-2774</p> <p>Diabetes nurse clinician: 271-5400 x38705</p> <p><a href="http://www.oumedicine.com/ouphysicians/adult-specialties/list-of-adult-specialties/women%27s-services/obstetrics-gynecology/prenatal-diagnostic-center">http://www.oumedicine.com/ouphysicians/adult-specialties/list-of-adult-specialties/women%27s-services/obstetrics-gynecology/prenatal-diagnostic-center</a></p>

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<p><b>VA Medical Center</b></p> <p>921 NE 13<sup>th</sup> St.</p> <p>Adult Diabetes Education Program</p>	<p>Veteran adults 18+ diagnosed with any type of diabetes or pre-diabetes</p> <p>Veteran eligibility requirements online at <a href="http://www.oklahoma.va.gov/patients/eligibility.asp">www.oklahoma.va.gov/patients/eligibility.asp</a></p>	<p><b>Diabetes Self-Management Education and Support</b></p> <p><u>Diabetes Education Group Classes</u></p> <ul style="list-style-type: none"> <li>• Type 1 Diabetes Education</li> <li>• Type 2 Diabetes Education</li> <li>• Insulin Management</li> <li>• Managing Diabetes and Intimacy (sex and diabetes)</li> <li>• Conversation Maps classes</li> </ul> <p><u>Diabetes Education Individual Training</u></p> <ul style="list-style-type: none"> <li>• Glucose Monitoring</li> <li>• Glucose Pattern Management</li> <li>• Insulin Instruction and Management</li> <li>• Insulin Pump Therapy</li> <li>• Medical Nutrition Therapy <ul style="list-style-type: none"> <li>• Diet instruction and meal planning</li> <li>• Carbohydrate counting</li> </ul> </li> </ul> <p><u>Behavioral Health Services</u></p> <ul style="list-style-type: none"> <li>• Mental Health Services – classes and individual consultations</li> </ul>	<p>Internal referrals only – must be a registered VA patient. Referrals can be from a physician, nursing staff, or self-referral.</p> <p>Physician referral not required for behavioral health services .</p> <p>Cost of services depends on veteran’s co-pay status.</p>	<p>Diabetes Clinic: 456-3284, 456-3994, 456-1899</p> <p>Eligibility Office: 456-1000 x65774</p> <p><a href="http://www.Oklahoma.VA.gov">www.Oklahoma.VA.gov</a></p>
<p><b>Oklahoma Healthy Aging Initiative (OHA)</b></p> <p>O'Donoghue Research Bldg., 1122 NE 13<sup>th</sup> St., Ste. 186</p>	<p>Adults over 60 Or Caregivers for patients with type 2 diabetes</p>	<p><u>Group Diabetes Education Classes</u></p> <ul style="list-style-type: none"> <li>• Stanford University Diabetes Program*</li> </ul> <p>*Program description available at: <a href="http://patienteducation.stanford.edu/programs/diabeteseng.html">http://patienteducation.stanford.edu/programs/diabeteseng.html</a></p>	<p>Patients may self-refer or providers can recommend this program.</p>	<p>271-2290</p> <p><a href="http://www.ouhsc.edu/ohai/Home.aspx">http://www.ouhsc.edu/ohai/Home.aspx</a></p>