

## DIABETES EDUCATION / MEDICAL NUTRITION THERAPY SERVICES

Certificate of Medical Necessity | OU Physicians Diabetes Life Clinic at Harold Hamm Diabetes Center

### PATIENT INFORMATION

Patient's Name \_\_\_\_\_  Male  Female DOB \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_  
Social Security # \_\_\_\_\_ Phone (Day) \_\_\_\_\_ (Mobile) \_\_\_\_\_

### REQUIRED: Include all patient demographics above & copies of lab work, insurance & visit notes

**Medicare definition of diabetes** — Medicare coverage of DSME and MNT requires the physician to provide documentation of a diagnosis of diabetes based on one of the following:

- a fasting blood sugar greater than or equal to 126 mg/dl on two different occasions
- a two-hour post-glucose challenge greater than or equal to 200 mg/dl on two different occasions
- a random glucose test over 200 mg/dl for a person with symptoms of uncontrolled diabetes

**Diagnosis Code:** \_\_\_\_\_

- Type 2 Diabetes  Type 1 Diabetes  Gestational Diabetes  Pre-Diabetes (Not covered under Medicare)
- Pre-existing diabetes with pregnancy  Hypertension  Dyslipidemia
- Obesity  Renal Disease  Stroke  CHD
- Other: \_\_\_\_\_

### ORDERS

#### Diabetes Self-Management Education (DSME) *Medicare covers DSME; Medicaid does not.*

- Healthy eating • Being active • Taking medication • Monitoring • Problem solving • Reducing risks • Healthy coping

*Comprehensive plan includes diet, exercise, education, monitoring, group training and follow-up.*

- Group Classes (10 hours; Medicare covers once per lifetime)
- Individual Instruction or additional training (2 hours) *Please specify:* \_\_\_\_\_
- Insulin Management  Insulin Pump Therapy  Continuous Glucose Monitoring

#### Medical Nutrition Therapy (MNT) *Medicare covers MNT per below. Medicaid covers MNT with a SoonerCare referral.*

- Initial MNT (3 hours)  Follow-up MNT (2 hours)

### SPECIAL NEEDS REQUIRING APPOINTMENTS AS INDIVIDUAL

- Impaired vision/hearing  Language barrier  Learning disability  Impaired mental status  Additional insulin training

### REFERRING PHYSICIAN INFORMATION

_____ PRINT physician's name	_____ PRINT ARNP/PA name
<input checked="" type="checkbox"/> _____ Physician's signature Date	<input checked="" type="checkbox"/> _____ ARNP/PA signature Date
NPI: _____	NPI: _____
Phone: _____	Fax: _____