

# waveLengths

**TRANSITION for YOUNG ADULTS with DIABETES**

*Wavelengths* is a unique clinical and research program at the Harold Hamm Diabetes Center intended to ease the transition from pediatric to adult care for young adult patients with diabetes. In addition to coordination of clinical care, the data collected in this program will allow researchers and providers valuable insight that could lead to better diabetes self-management and support of young adults with diabetes.

The study component includes completing a series of questionnaires which evaluate health outcomes, knowledge, attitudes, and experiences of young adult patients diagnosed with diabetes as they transition into adulthood. These surveys may be completed over a six month period and are typically completed before or after regular clinic visits. A portion of the surveys are then repeated on a yearly basis to track changes as the young adult ages.

Eligibility requirements include

- Age 15-25
- Diagnosed with Type I or Type II diabetes
- Diabetes duration of at least 1 year
- Capable of completing surveys independently
- Participants under the age of 18 must have a legal parent or guardian present at the time of consent

Program participants will be financially compensated for their time. Possible assistance may also be provided to those participants who lose insurance due to age.

If you are 15-25 and would like more information about this program please ask one of the diabetes team or clinic staff members.



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